



**Kinbridge
Christopher Champlain
Resource Centre**
8-125 Champlain Blvd.
Phone: 519-740-8565
Fax #: 519-621-6920

Kinbridge

200 Christopher Drive
Phone: 519-624-3855
Fax #: 519-624-3497

**Kinbridge
Southwood Resource
Centre**
1-241 Southwood Dr.
Phone: 519-621-2930
Fax #: 519-621-2088

Recreation Program Age/ Cost	Date/Day/Time Location
Family Play Group 0-5 w/caregiver No Cost	Monday/Wednesday/Friday 12:30pm - 2:30pm Kinbridge
Lil' Van Gogh's Parent and Child Painting 0 - 4 \$5 - 6 Weeks	Tuesdays 11:00am -12:00pm January 29- March 5 Southwood Resource Centre
My First Dance Class 3 - 6 \$40 - 8 Weeks	Mondays 5:00pm – 6:00pm January 21- March 18, 2019 Kinbridge
Kids N Motion 6 - 9 \$40 - 8 Weeks	Mondays 6:00pm - 7:00pm January 21- March 18, 2019 Kinbridge
**Hip Hop 8 - 13 \$40 - 8 Weeks	Tuesdays 5:00pm - 6:00pm January 22- March 19, 2019 Kinbridge
Jazz Hip Hop 7-13 \$40 - 8 weeks	Tuesdays 6:00pm - 7:00pm January 22- March 19, 2019 Kinbridge
Mini Chefs 4 - 7 \$40 - 8 Weeks	Wednesdays 5:00pm - 6:00pm January 23- March 20, 2019 Kinbridge
Kids in the Kitchen 7 - 12 \$45 - 8 Weeks	Thursdays 5:00pm - 6:00pm January 24- March 21, 2019 Kinbridge
Kids Can Cook 6 - 10 \$25 - 8 Weeks	Tuesdays 4:00pm - 5:00pm January 23- March 20, 2019 Southwood Resource Centre
Dodgeball 8 - 13 \$35 - 8 Weeks	Wednesdays 6:00 - 7:00pm January 23- March 20, 2019 Kinbridge
Floor Hockey 8 - 13 \$40 - 8 Weeks	Thursdays 6:00pm - 7:00pm January 24- March 21, 2019 Kinbridge
Chopped Kinbridge: Youth Cooking 10 - 13 \$40 - 6 Weeks	Tuesdays 6:00pm - 7:30pm January 29- March 5 Kinbridge
Master Chef Southwood 10 - 13 \$30 – 6 Weeks	Thursdays 4:30pm - 5:30pm January 31- March 7 Southwood Resource Centre
Youth Drop- In 10 + No Cost	Kinbridge Tuesdays 3:00pm - 5:00pm

[lead]

Leadership – Excellence – Asset - Development

- Are you interested in developing leadership and employment skills?
- Want to volunteer and meet new friends?

The [lead] Program is a 12 module certification program for youth age 12-16 that teaches many leadership skills in a fun and exciting way.

This Certificate is needed to volunteer at Summer Camps and After School programs and is an excellent addition to a resume!

[lead] March Break Camp

March 11th-March 15th, 2019
9:00am-5:00pm Ages: 12+
Register @ 519-624-3855
\$111.10
(Light lunch and snacks included)



@Kinbridge!



Administration
Special Events
Youth Programs
Community Garden
Bingo
Board of Directors



**Share your skills & gain new ones
volunteering.**

Contact Rose: roseb@kinbridge.ca
519-740-8565



Fee Assistance available for all programs

For more programs & events, please check out our website: www.kinbridge.ca



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Recreation Program Age/Cost	Date/Day/Time Location
After School Program 6 - 12 \$5 Week OR \$200 Entire School Year	Kinbridge Monday to Friday 2:50 - 5:30pm p/u Stewart Ave. Elgin Monday to Friday 3:30 - 6:00pm p/u Chalmers
Youth Drop- In 10 - 13 No Cost	Southwood Resource Centre Thursdays 6:00pm - 8:00pm
Sports Night Drop-In 9 - 14 / 10 - 16 No Cost	All Sites 6:30 - 8:00pm Tuesday - St. Andrews / 9 - 14 Thursday - Holy Spirit / 9 - 14 Friday - Moffat Creek / 10 - 16 Friday - Tait Street / 10 - 16
GLOW Girls Life of Wellness 8 - 11 12 Weeks / No Cost	Wednesdays 4:00pm - 5:30pm January 16- April 10, 2019 Kinbridge
Yoga 16+ \$6 Class OR 10 Class pass \$45	Tuesdays and Thursdays 7:00pm - 8:00pm Kinbridge
Kinbridge Cuchina Adult Cooking Class 16+ \$6 Week *Meal to take home	Fridays 1:00pm - 2:30pm Kinbridge
Women's Nutrition 16+ No Cost	Southwood Resource Centre Tuesdays 1:00pm - 3:00pm
Creative Cooking 16+ No Cost	Southwood Resource Centre Wednesdays 1:00pm - 3:00pm
Food, Fun, Friends 16+ No Cost	Christopher Champlain Resource Centre Thursdays / 1:00pm - 3:00pm Christopher Champlain Resource Centre Tuesdays / 6:00pm - 8:00pm
Incredible Kids 6 - 8 9 - 11 No Cost	Various Days Various Locations Call Kinbridge for Information



Kinbridge Community Association Recreation Programs follow the High Five quality standards for children's programs. HIGH FIVE is Canada's only comprehensive quality standard for children's programs and holds true to the five Principles of healthy child development that research indicates are essential for providing a positive experience for kids. For more information check out HIGHFIVE.org



PD Day Camps!
All School PD Days
8:00am - 5:30pm
4 - 12 years
\$30 a day

March Break Camp
Monday March 11 - Friday March 15, 2019
4 - 12 yr old / 8:00am - 5:30pm
\$126.25 week
Trip: Medieval Times*

*Trip may be subject to change due to registration numbers

Fee Assistance available for all programs



50+ Programming @ Kinbridge
(200 Christopher Drive)

Tuesdays 12:00pm - 2:00pm Walk & Talk Social
\$1/Drop-in – Join us for our indoor walk and talk social. Enjoy a light walk, stretch and meet new people!

Thursdays 12:30pm - 2:30pm Bridge Social
\$2/Drop-in – Play Bridge, have fun and meet new people! Coffee and tea will be available.

House of Friendship Outreach Program

House of Friendship Outreach Workers offer supports and resources for families with children pre-birth - 17.

Contact the Outreach Worker at:
519-742-8327 ext. 251

Have an idea for a Program or event? Let us know!



Stay up to date with Kinbridge's Upcoming Events, Programs, and more!

Check us out on social media
Facebook: KinbridgeCA
Twitter: @kinbridge
Instagram: @kinbridge
www.kinbridge.ca



www.facebook.com/kinbridgeca



@kinbridge



Kinbridge Community Assoc.