

-FALL PROGRAMS 2022-

Christopher Champlain
Resource Centre
8-125 Champlain Blvd.

Main Location
200 Christopher Dr.
519-624-3855

Southwood
Resource Centre
1-241 Southwood Dr.

Register: info@kinbridge.ca | 519-624-3855

CHILDREN + ADULT PROGRAMMING

Kinbridge - Main Location

[200 Christopher Drive](#)

Program	Age	Cost	Dates	Time
Family Cooking	4-10 + Parent	\$35	Oct 15-Nov 26	2:00-3:00PM
Kids Can Cook	7-12	\$35	Oct 3-Nov 21	6:00-7:00PM
Newcomer Health & Wellness Workshop	Adult	FREE	Oct 18-Dec 6	11:00-12:30PM
Newcomer Young Mothers	Adult	FREE	Oct 20-Dec 8	11:00-12:30PM
Pickleball	Adult	\$2	Oct 15-Nov 26	2:00-4:00PM
Soccer	3-6 + Parent	\$35	Oct 15-Nov 26	9:00-9:45AM
Soccer	7-12	\$35	Oct 15-Nov 26	10:00-11:00AM
Youth Drop-In	12-18	FREE	Wednesdays	6:00-8:00PM

Kinbridge - Christopher Champlain Resource Centre

[8-125 Champlain Blvd](#)

Program	Age	Cost	Dates	Time
Adventure Club	6-11	FREE	Oct 4-Nov 22	5:30-6:30PM
Drop-In Cooking + Crafts	6-11	FREE	Oct 6-Nov 24	5:30-6:30PM
Newcomer Homework Club	15-29	FREE	Sept 26-Nov 6	4:30-6:00PM
STEAM (Drop-In)	4-7	FREE	Oct 7-Nov 25	4:00-4:45PM
STEAM (Drop-In)	8-11	FREE	Oct 7-Nov 25	5:00-6:00PM

Kinbridge - Southwood Resource Centre

[1-241 Southwood Drive](#)

Program	Age	Cost	Dates	Time
Adventure Club	6-11	FREE	Oct 4-Nov 22	4:00-5:00PM
Drop-In Cooking + Crafts	6-11	FREE	Oct 6-Nov 24	4:00-5:00PM
STEAM (Drop-In)	4-7	FREE	Oct 7-Nov 12	5:15-6:00PM
STEAM (Drop-In)	8-11	FREE	Oct 7-Nov 12	6:00-7:00PM
Youth Drop-In	12-18	FREE	Mondays	4:00-5:30PM



Kinbridge Community Association Recreation Programs follow the High Five quality standards for children's programs. HIGH FIVE is Canada's only comprehensive quality standard for children's programs and holds true to the five principles of healthy child development that research indicates are essential for providing a positive experience for kids. For more information visit HIGHFIVE.org



Cost sharing is available:
Contact 519-624-3855 or info@kinbridge.ca

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Kinbridge Drop In Sports Nights - FREE

Mondays
6:30pm-8:00pm
Central Public School
Sept 19-Dec 12
Ages 7-12

Tuesdays
6:30pm-8:00pm
St. Andrews
Public School
Sept 20- Apr 25
Ages 12-16

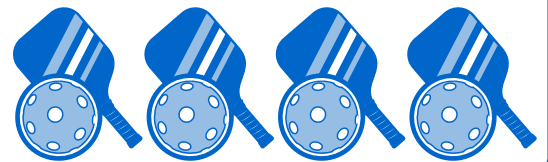
Fridays
6:30pm-8:00pm
Moffat Creek
Public School
Sept 23-May 31
Ages 12-16

Fridays
6:30pm-8:00pm
Tait Public School
Sept 23-May 31
Ages 12-16

SPORTS ADULT 18+

Program/Age/Cost Dates/Location

Drop In Pickleball Saturdays
Adults 18+ Oct 15-Nov 26
2.00/Person/Hour 2:00-4:00pm
Main Site



Volunteer Opportunities

Are you retired and looking to give back?
Are you a student seeking volunteer hours?
Are you looking for a way to give back to the community?

Volunteer with Kinbridge! If interested...
Email: roseb@kinbridge.ca

Tutoring

Kinbridge is currently working with Carizon Family and Community Services to find volunteers for tutoring support across Waterloo Region.

If interested in applying, please visit carizon.ca/volunteer to start your application process.



Are you interested in developing leadership and employment skills?

[lead] is a certificate program for youth ages 12-16 that teaches leadership skills and a fun and exciting way! Interested in joining this fall?

Contact: info@kinbridge.ca



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Find us on social media here >>>



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Newcomer Programming-Growing Together

Workshops for Newcomer Seniors	Workshops for Newcomer Youth
Newcomer Senior Health & Wellness Workshop No Cost Oct 18-Dec 6 11:00-12:30PM @ 200 Christopher Drive	Newcomer Youth Study Club Age: 15-29 No Cost Sept 26-Nov 6 4:30-6PM @ Christopher Champlain Location In-person sessions
Newcomer Young Mothers Education + Employment Workshop No Cost Oct 20-Dec 8 11:00-12:30PM @ 200 Christopher Drive	Newcomer Skating Lessons Age: 15-29 No Cost Sept 15-Nov 3 4-5PM @ Galt Arena 98 Shade St



Learn about our programming for newcomer youth and seniors. Visit www.kinbridge.ca

Peer Programs

Cooking + Walking Program

Age: 25-55

No Cost

Sept 27- Dec 8

Cooking

Tuesdays 12:30-2:30PM
@ 241 Southwood Dr.

Walking

Thursdays 12:30-2:30PM
@ 241 Southwood Dr.

Learn more about our Peer Programming including Healthy Eating & Healthy Moving, Visit www.kinbridge.ca

Suggestions welcomed!

Don't see what you're looking for?
Have an idea for an activity or program?
Let us know! Email us at:
info@kinbridge.ca

After School Programs - Spaces available!
Email info@kinbridge.ca for details



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